-H HAPPENINGS

March 2025



♥♥ Hi I'm Ella Yazell, your Teen Council Sr. Vice President. 4-H is an amazing club and community to be apart of. We get to do leadership, community service, and communications. We all love to meet new people and make great memories. I hope you will recruit friends to come join us! 99







Shannon Farrell 4-H Agent shannon.farrell@uky.edu



Holly Laytart 4-H Program Assistant holly.laytart@uky.edu



Cooperative **Extension Service**

CONTACT US Harrison County

Extension Office

668 New Lair Road.

Cynthiana, KY 41031

859-234-5510



Wednesday, March 26 at 5:00 PM

Maysville Community and Technical College, Cynthiana

SPEECH CATEGORIES

winners of the speech contest will advance to area contest on Tuesday, April 15th

9 year old 10 year old 11 year old 12 year old 13 year old 14 year old 15 year old 16 year old 17 year old 18 year old

MOCK JOB INTERVIEW CATEGORIES

14-15 Year old 16-18 Year old

DEMONSTRATION CATEGORIES (Junior: ages 9-13 and Senior: ages 14-18)

Agriculture Animal Science Visual Arts Performing Arts Clothing and Textiles

winners of the

demonstration

and mock

interview

contest will

advance to

area contest

on Tuesday,

April 29

Family and Consumer Sciences Foods Health

Team Demonstration (Leadership) Natural Resources

Shooting Sports Science, Engineering, and Technology Digital Media Presentation

CLOVERBUD CATEGORIES (ages 6-8)

Speech or Demonstration (county level only)

Must pre-register by March 15th. Email shannon.farrell@uky.edu or call the Extension Office at 859-234-5510 with 4-Her name, date of birth, email, phone number, and category(ies) to register.

> Cooperative **Extension Service**

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kennucky Cooperative Extension serve sil people regardless of economic or social status and will not discriminate on the basis of most, color, eshetic origin, national origin, creed, religion, political belief, as sexual orientation, grander identity, grander expression, peogramery, marital status, grander information, age, vectoras physical or essenti disability or reptisal or retalization for prior civil rights activity. Economish accommodation of d





Community Corner) Spanish Resources

MCTC













Check out what's happening in our community! Use your smart phone camera to scan the QR codes to be directed to the organization's separate website.







What: Wellness Workshop

When: Wednesday, March 19; 5-7 PM

Where: Harrison County Extension Office

Who: 9-18 Year Olds

Goal: Improve teen's self-awareness of emotional wellbeing and provide educational tools to cope with managing stress.

> What to Expect: Part 1 - Writing and Poetry as a tool to manage stress Part 2 - Therapeutic Yoga

Sign up at this link:

https://www.signupgenius.com/go/3oEoB4DACA 72BA4F49-55359261-wellness#/

Or scan here







ally Cat illustrations by Chris Ware (© University of Kentucky)

Wash your hands

or use a hand sanitizer.



4-H Club Meetings MARCH 2025



SUN	MON	TUE	WED	THU	FRI	SAT
		s that require Registe riday before the mee				4-H Communications Workshop
	i	ng & **Beginning & Ad Registration: the office 859-234-55				9-12 and 1-4 4-H Knitting 10-12
2	4-H Beginner Cooking Grades 3rd-5th 3:00-5:00 *Requires RSVP	4	5 4-H Tabletop Farming 5:00-6:00	4-H Livestock Judging	7 Jr. Homemakers 3:30- 5 pm	8 4-H Knitting 10-12
9	10 4-H Poultry Club 5:00-7:00pm	4-H Dog Club @McCauley Bldg dogs allowed 6 - 7 pm 4-H Advanced Cooking 3:30-4:30pm Grades 6-12 *Requires RSVP	4-H Embroidery 3:30- 5 pm 4-H Life Smarts 3:30 - 5 pm	4-H Livestock Judging 6 - 7 pm	4-H Art Club 3:30- 5:30 pm *must sign up link will be sent out via text*	15 4-H Knitting 10-12
16	17	18 4-H Cloverbud Club 3:30-4:30 PM	19 4-H Entrepreneurs 3:30 - 4:30 pm 4-H Horticulture Club 3:30 - 4:30 PM 4-H Wellness Workshop 5-7 PM	4-H Livestock		22 4-H Knitting 10-12
23	24	25	26 COMMUNICATIONS CONTEST MCTC on March 26th register	27 4-H Livestock Judging 6 - 7 pm	28 4-H Social	29 4-H Knitting 10-12
30	31		by emailing shannon.farrell@uky .edu by March 15th		Media Club 3:30 - 5 pm	