

# HORT FROM THE HILLTOP

HARRISON COUNTY HORTICULTURE NEWSLETTER

**March 2024**



Cooperative Extension Service  
Harrison County Office  
668 New Lair Road  
Cynthiana, KY 41031  
859-234-5510



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Extension Office  
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## *Annual* **FREE SEED GIVEAWAY**

STOP BY THE EXTENSION OFFICE ON THE DAYS LISTED  
BELOW TO PICK UP THAT WEEK'S FREE SEED!  
1 BAG PER HOUSEHOLD

February 16th - Cole Crops and Leafy Greens (broccoli,  
cabbage, lettuce, kale, etc.)

February 23rd - Roots, Tubers, and Bulbs (onion, beets,  
radish, carrots, etc.)

March 1st - Legumes (beans, peas, etc.)

March 8th - Solanaceous (tomatoes, peppers, eggplant)

March 15th - Cucurbits (cucumbers, zucchini, squash, etc.)

March 22nd - Cucurbits (watermelon, cantaloupe,  
pumpkins)

March 29th - Miscellaneous (okra, swish chard, corn, etc.)

April 5th - Herbs

April 12th - Flowers



March is here, which means gardening plans are in full swing! There are LOTS of classes and webinars coming up, so be sure to look at all the flyers included in this newsletter to make sure you don't miss out on anything!  
We hope to see you soon!

Jessica H. Wells  
Horticulture Extension Agent  
jessica.wells@uky.edu

Each year Harrison County youth attend 4-H Camp. Also, each year we have folks ask if there is any way they can help. The price for camp this year is \$225 per camper. If you would like to make a donation to help send a Harrison County kiddo to 4-H Camp this summer, contact us at 859-234-5510. Thank you!

### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

Harrison County Extension

# Growing Zinnias

Call to  
sign  
up!

Come learn about types of zinnias, planting, care during the growing season, pests and diseases, harvest and storage.

**Monday, March 11**  
**10:00 a.m.**  
**&**  
**6:00 p.m.**

**Harrison County  
Extension Office**  
**668 New Lair Road**  
**859-234-5510**



# Homesteading Series



**CAIP  
ELIGIBLE  
COURSE**

Join us on the 4th Tuesday of each month, starting in January and going through May to learn more about homesteading on your very own property! These courses are suited for those who are interested in home-grown products and self-sufficiency, whether you are just beginning or have an established operation and just need a few more resources.

## 5 Courses Available

### Maple Syrup 101

Learn the basics of how to tap your own trees and make maple syrup from an expert right here in Harrison County. Class also includes a field trip on February 16.

(Class attendance is required to participate in field trip)

**January 23  
6:00pm**

### Fodder Systems

Discover how to create an inexpensive system to easily grow fodder for your small livestock.

**February 27  
6:00pm**

### Dehydrating

Dehydrating is one of the oldest methods of food preservation. Learn how to use a modern day dehydrator as a dehydrating food method.

**March 26  
6:00pm**

### Chopping Block: Chicken

Whether you are raising your own chickens or buying whole birds, knowing the skill to break down a whole chicken is a skill that can save you money.

**April 23  
6:00pm**

### Creating Natural Dyes

Discover the basics of using flowers and foliage to naturally dye materials and the sustainability potential involved with it. Participants will learn the supplies needed to get started, which plants create which colors, the steps involved in naturally dyeing fabrics and see a natural dyeing demonstration.

**May 28  
6:00pm**

**To register for the courses or for more information, contact the  
Harrison County Extension Office at 859-234-5510**



## IRRIGATION BASICS FOR BEGINNING FARMERS

Join UK Extension Specialists for a webinar and workshop series this spring! This series will focus on irrigation basics for high tunnel, field, and orchard production. The webinar will be followed by an in-person training. Pre-registration is required and attendance at the webinar is required in order to attend one of the in-person workshops.

Register here or scan the QR code below:

[https://uky.az1.qualtrics.com/jfe/form/SV\\_oueeuQweUWBREGy](https://uky.az1.qualtrics.com/jfe/form/SV_oueeuQweUWBREGy)

### BEGINNING FARMER IRRIGATION BASICS

WEBINAR:  
MARCH 26  
12 - 1:30 P.M.

UK HORTICULTURE RESEARCH FARM IN-PERSON WORKSHOP:  
APRIL 23  
1 - 3 P.M.

HINTON'S ORCHARD IN-PERSON WORKSHOP:  
APRIL 30  
10 A.M. - 12 P.M.

 Cooperative Extension Service



**9:10 a.m. Stacey Stephens with NEP:**  
1st Monday of the month

**Jessica Wells with Horticulture:**  
1st Wednesday of the month

**Shannon Farrell and Holly Laytart with 4-H:** 2nd Wednesday of the month

**Shelley Meyer with FCS:**  
4th Thursday of the month



Check out Hort Culture, the local, weekly, horticulture podcast!



**Harrison County Cooperative Extension—Horticulture**

## ROBINSON CENTER



## RESEARCH FARM TOUR AND WOOD CENTER ACTIVITIES

**FRIDAY, MARCH 22, 2024**  
**10:00 AM-2:00 PM EST**  
**130 Robinson Rd, Jackson, KY**

### TOPICS ON THE TOUR

2024 Research Trial Planning for Hemp, Soybeans, Greenhouse, Beef Research Projects, etc.

### WOOD CENTER ACTIVITIES

Learn how to make a woodworking product while on site, learn about the history of the Wood Center and the impact that the Wood Industry has on Kentucky.



**Robinson Center**



# ZOOM WEBINAR: INJURY PREVENTION IN THE GARDEN



with Special Guest  
**Gabriela Murza**  
Utah State Extension Assistant Professor  
of Health and Wellness



## LEARN ABOUT:

- Preventing common garden injuries
- Minimizing pain from repetitive movements
- Using proper posture
- Maximizing tool use
- Incorporating stretches

**MARCH 21st, 2024**  
**11AM-12:30PM EST**

**REGISTER HERE:** <https://ukfcs.net/RegistrationGardening>



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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



Flat Run Veterans Park  
364 Oddville Ave., Cynthiana

## Harrison County Farmers Market

The Harrison County Farmers Market had its first meeting of the year and planning for the season is underway!

This year's officers are Arie Mars, Market Manager; Kathy Wright, Treasurer; and Lisa Hurst, Secretary.

Be sure to follow the market Facebook page and the Market webpage to stay up to date on all happenings! Scan the QR code to direct you to the market webpage.



**The next meeting is scheduled for Wednesday, March 27 at 6:30 p.m.**

at the Harrison County Extension Office. This will include a time for meeting and planning and also trainings for WIC vouchers and Senior vouchers, for those who choose to participate in those programs. If you plan to be a member of the 2024 market, it is very important that you attend this meeting.

Scale Certification has been delayed across the state, so there has not yet been a date set for that. Keep an eye on the Farmers Market Facebook page and the Horticulture Extension Facebook page—once a date has been set we will be advertising it there.



# The Three Season Garden

This 3 part series of classes will help you plan and prepare for a spring garden with cool season crops, a summer garden with all the favorites, and a fall garden to extend the garden into the cooler months.

### The Spring Garden

Monday, February 12 at 10:00 a.m. & 6:00 p.m.

### The Summer Garden

Monday, April 8 at 10:00 a.m. & 6:00 p.m.

### The Fall Garden

Monday, June 10 at 10:00 a.m. & 6:00 p.m.

Call the Harrison County  
Extension Office to sign up!  
859-234-5510



## Community Corner

Spanish Resources



MCTC



LIBRARY



HC EXTENSION

CHAMBER OF COMMERCE



Check out what's happening in our community! Use your smart phone camera to scan the QR codes to be directed to the organization's separate website.



[www.FromTheWoodsToday.com](http://www.FromTheWoodsToday.com)

From the Woods Today is a weekly internet show co-hosted by Renee' Williams and Billy Thomas with UK Forestry and Natural Resources Extension. The show airs live on Wednesdays at 11 a.m. EDT. Links to live shows are posted on [www.fromthewoodstoday.com](http://www.fromthewoodstoday.com) just prior to the show. Go to the website to join LIVE or see recordings of previous shows.

## Licking Valley Honey Bee Society



Next Meeting: March 12th

**Beginning Session beginning at 5:30 p.m.**

**General Beekeeping Club Meeting beginning at 6:30 p.m.**

at the Harrison County Extension Office



## Kale and Potato Soup

**4 teaspoons** olive oil  
**1** chopped yellow onion  
**3 cloves** garlic, minced  
**1 box** (48 ounce) low-sodium chicken broth

**6** red potatoes, diced  
**½ cup** chopped carrot  
**4 cups** shredded kale  
**½ pound** cooked chicken breast, shredded

**¼ teaspoon** black pepper

1. In a large saucepan, **heat** the olive oil over medium heat for 1 minute. **Add** chopped onion and garlic and **cook** uncovered for 5 minutes.
2. **Add** chicken broth, potatoes and carrot; cover and bring to a boil.
3. **Reduce heat** and simmer for 20 minutes.
4. **Mix** in the kale, chicken and black pepper. **Cover and simmer** for 15

minutes or until kale is tender.

**Yield:** 6, 1½ cup servings.

### Nutritional Analysis:

270 calories, 5 g fat, 1 g saturated fat, 25 mg cholesterol, 210 mg sodium, 43 g carbohydrate, 5 g fiber, 15 g protein.

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

