

# Hort From The Hilltop



Cooperative Extension Service  
Harrison County Office  
668 New Lair Road  
Cynthiana, KY 41031  
859-234-5510

*Jessie Hopkins*

Jessica Hopkins  
Horticulture Extension Agent  
jessica.hopkins2@uky.edu

## February 2025 Horticulture Newsletter

### Hello Horticulturalists!



Snow is melting and temperatures are warming (at least for now!) That means it's time to start thinking about your spring and summer vegetable garden! Join me on February 17th to get a head start on learning how to start your own seeds at home!

Also - are you a new farmer, or looking to improve your operation? Join us for parts 2 and 3 of the Beginner Farmer Series. The next session is February 25 at 6:00 - learn about local funding opportunities through Extension, FSA, and Soil Conservation. At the March 25th session we will discuss farm design and layout.



# Starting Seeds AT HOME

## Monday, February 17th

### 11:00 a.m. & 6:00 p.m.

### Harrison County Extension Office

Learn the basics of starting seeds at home, including supplies needed, growing requirements, and what to look for when choosing seeds.

Call 859-234-5510 to sign up!



**Cooperative Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.  
Lexington, KY 40506



Disabilities accommodated with prior notification.

**Cooperative Extension Service**

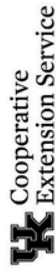
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# BEGINNING FARMER SERIES

Harrison County Extension Service

- Recently purchased farmland and not sure what to do with it?
- New to farming?
- Diversifying your current farm?

This Free Series could be for you!



**JANUARY 28TH 6:00 P.M.**  
Business Planning and Record Keeping with KCARD



**FEBRUARY 25TH 6:00 P.M.**  
Local Funding Opportunities with Extension, FSA, and Soil Conservation



**MARCH 25TH 6:00 P.M.**  
Farm Design and Layout with Dr. Steve Higgins



Call  
859-234-5510  
to  
Register



# Free Seed GIVEAWAY

This year's seed giveaway is one day only

**FRIDAY, FEBRUARY 21**  
**BEGINNING AT**  
**8:30 A.M.**

STOP BY THE HARRISON COUNTY EXTENSION OFFICE ON FRIDAY, FEBRUARY 21ST TO PICK UP FREE SEEDS!

ONLY ONE BAG PER HOUSEHOLD DUE TO LIMITED SUPPLY

WE CANNOT SAVE/HOLD BAGS AVAILABLE WHILE SUPPLIES LAST



**Table 20.14.** Vegetable gardener's calendar with planting dates for Western, Central, and Eastern Kentucky<sup>1</sup>

Western Ky	Central Ky	Eastern Ky	Planting Method <sup>2</sup>	Crop
Jan. 15	Jan. 22	Jan. 29	I	Onions
Feb. 1	Feb. 8	Feb. 15	I	Brussels sprouts
Feb. 15	Feb. 22	Mar. 1	I	Cole crops (Broccoli, cabbage, cauliflower, kohlrabi), lettuce, Chinese cabbage
Mar. 1	Mar. 8	Mar. 15	O	Spinach, mustard, beets, peas, edible podded peas
Mar. 15	Mar. 15	Mar. 22	M	Cabbage, kohlrabi
			O	Asparagus and rhubarb (crowns), beets, carrots, collards, kale, mustard, spinach, peas, edible pod-ded peas, early potato seed pieces, radishes, turnips, green onions, onion sets, endive
			I	Peppers, tomatoes, eggplant, sweet potato slips. Dig and divide any 4 year old rhubarb plants. Fertilize asparagus and rhubarb with 1 lb 5 10 10 per 100 sq ft.
Apr. 1	Apr. 8	Apr. 15	M	Broccoli, cauliflower, collards, lettuce, Chinese cabbage, Swiss chard, onions from seeds
			O	Mustard, spinach, radishes, lettuce, Swiss chard
Apr. 5	Apr. 12	Apr. 19	I	Muskmelons, watermelons, squash
			O	Sweet corn, beets, carrots, mustard, spinach, radishes, lettuce
May 1	May 8	May 15	O	Sweet corn, mustard, radishes, lettuce
May 7	May 15	May 22	O	Green beans, lima beans
			M	Tomatoes, muskmelons, watermelons, squash
June 1	June 8	June 15	O	Sweet corn
			M	Sweet potatoes
June 15	June 22	June 29	O	Sweet corn, late potatoes, summer squash, bush beans, lettuce, parsnips, beets, carrots
July 1	July 8	July 15	O	Sweet corn (early maturing variety), carrots, beets
July 10	July 18	July 25	O	Sow seeds of fall cole crops in a nursery area
July 15	July 22	July 29	O	Sweet corn (early maturing variety), kale, mustard, turnips, summer squash
Aug. 1	Aug. 8	Aug. 15	M	Transplant fall cole crops to permanent location between now and Aug. 15
			O	Peas, edible podded peas, bush beans, radishes, beets, mustard. Divide old rhubarb or plant crowns if not done in spring.
Aug. 15	Aug. 22	Aug. 29	O	Radishes, spinach, turnips, turnip greens, beets, mustard, lettuce, endive
Sept. 1	Sept. 8	Sept. 15	O	Radishes, spinach, mustard
Sept. 15	Sept. 22	Sept. 29	O	Radishes, mustard, turnips, turnip greens
Oct. 1	Oct. 8	Oct. 15	O	Radishes
Oct. 15	Oct. 22	Oct. 29	O	Sow sets of Egyptian tree or multiplier onions. Harvest carrots before heavy freeze.
Nov. 1	Nov. 8	Nov. 15	O	Dig parsnips and store at 32-40°F, or mulch parsnips heavily in the ground

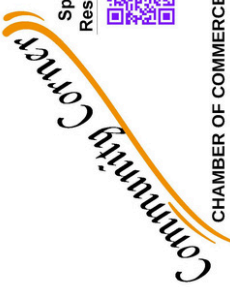
<sup>1</sup> Planting dates are approximate, consult you local weather conditions and adjust planting dates accordingly.

<sup>2</sup> **I:** Start seeds indoors; **M:** Move transplants to garden; **O:** Start seeds outdoors


## Sign up to receive the Horticulture Newsletter via Email

Currently, the only way to receive the Horticulture Newsletter is to have one mailed to your home. We are now going to offer the option to receive the newsletter via email instead of through the mail. If you would like to receive the Horticulture Newsletter via email, please go to <https://tinyurl.com/mttaj43u> or scan the QR code below and fill out a quick survey.







Spanish Resources




MCTC




LIBRARY






HC EXTENSION



CHAMBER OF COMMERCE



Check out what's happening in our community!  
Use your smart phone camera to scan the QR codes to be directed to the organization's separate website.

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## Scrumptious Strawberry Salad

<b>5 cups</b> spinach	<b>Dressing</b>	<b>3 tablespoons</b>
½ large cabbage head, chopped	¾ cup plain non-fat Greek yogurt or plain regular yogurt	olive oil
<b>1 cup</b> golden raisins		½ <b>teaspoon</b>
<b>1 cup</b> halved red grapes	<b>3 tablespoons</b>	Dijon mustard
<b>1 pint</b> sliced strawberries	honey	<b>1 teaspoon</b>
½ small red onion, sliced	<b>6 tablespoons</b>	poppy seeds
½ <b>cup</b> toasted and chopped pecans (optional)	apple cider vinegar	<b>1 teaspoon</b> salt
		½ <b>teaspoon</b> pepper

**Combine** all salad ingredients together in a large bowl. Prepare salad dressing by **mixing** all ingredients together in a jar, **cover**, and **shake** well to combine. **Pour** dressing over salad mixture and **toss** to combine.

**Yield:** 8, 2-cup servings

### Nutritional Analysis:

240 calories, 10g fat, 1g saturated fat, 0mg cholesterol, 340mg sodium, 33g carbohydrate, 4g fiber, 27g sugar, 6g added sugars, 5g protein

