

FCS Newsletter

October 2024

Harrison County Family & Consumer Sciences



Cooperative Extension Service
 Harrison County
 668 New Lair Road
 Cynthiana KY 41031
 (859) 234-5510
 Fax: (859) 234-6197
 extension.ca.uky.edu

**Interested in becoming a Harrison County Homemaker?
 Stop by the Harrison County Extension Office to pay your dues and receive a Shop Cynthiana Discount Card.**

Boutique	15% any purchase	Daily Grind	10% off purchases
Next Chapter	10% off purchase	Flower Depot	10% off purchases excluding fresh flowers
Jules	10% off retail price (excludes HF & HSP)	A Little Bit Personal	10% off purchases (excludes sale items)
Flannel Store	10% off purchases (excl. Sale items)	Molly B's	20% off \$20 or more
Wanda's Boutique	15% off purchases online code HOMEEMB	Tay's Cloth Peddler	10% off purchases (excludes sale items)
Harrison Steel Boutique	15% off purchases	Frames N' Christian Things	20% off entire purchase
Simply Cynfal	\$1 off XLG bubble tea only	Printed Vinyl for you	10% off entire purchase (excludes epoxy)
Home Store	10% off menu free bday scoop paid homemaker ONLY	Kellieses	10% off pizza purchase (cannot combine with another offer)
1 Cup	10% off \$10 or more	Frosted Blessings	30% off in store items
Slide Rays	10% off purchases	Coffee Shop	15% off purchases



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Shelley Meyer

Shelley W. Meyer

Harrison County Extension Agent
 For Family & Consumer Sciences
 shelley.meyer@uky.edu

Harrison County Extension Presents:

2ND ANNUAL GIANT PUMPKIN CONTEST

Friday, October 25, 2024

Downtown Cynthiana at the Courthouse

11:00 am - 1:00 pm & 5:00 pm - 6:30 pm:
Drop off pumpkins for weigh-in

6:00 pm - 7:00 pm:
Teal Pumpkin Project Trunk or Treat

5:30 pm - 7:00 pm:
Hot dogs, chips, and drinks will be available for purchase

7:00 pm: Pumpkin Contest
Winners Announced

AWARD CATEGORIES:

Largest Pumpkin (with seeds from Extension Office)

Largest Pumpkin (grown from other seeds)

Most Unique

Smallest Pumpkin (pumpkin must be fully developed)

Best Teal Pumpkin (painted, decorated, etc.)

The Teal Pumpkin Project provides non-food treats to bring awareness and support to those with food sensitivity and allergies

Cooperative Extension Service
 Agriculture and Natural Resources
 Family and Consumer Sciences
 4-H Youth Development
 Community and Economic Development
 Lexington, KY 40506

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Disabilities accommodated with prior notification.

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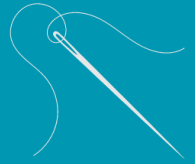


Embroidery

w/ Jane Butcher

October 7 & 21

*1st, 3rd, & 5th Mondays of the month
Harrison County Extension Office
@ 9:00am
New members welcome!



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Adult Knitting

w/ Louann Fryman

October 3 & 17

*1st and 3rd Thursdays of the month
Harrison County Extension Office
@ 4:30pm
New members welcome!

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Crafty Scrappers

w/ Jenny Tapp

October 18

*3rd Fridays of the month
Harrison County Extension Office
@ 6:00pm
New members welcome!



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Piece Maker Quilt Club

October 23

*4th Wednesdays of the month
Harrison County Extension Office
@ 10:00am
New members welcome!



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Adult Sewing

w/ Mikayla Hannah

October 1, 8, 15, 22 & 29

*Every Tuesday
Harrison County Extension Office
@ 10:00am
New members welcome!



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Adult Scrapbooking

w/ Jennie Sparks &
Teresa Stinson

October 24

*4th Thursdays of the month
Harrison County Extension Office
@ 9:00am
New members welcome!



tis. De
etiam. Eu
diam in. Mi ipsum
sodales neque sodate
vitae semper quis. In duc
lorem sed risus ultricies t
unt nunc pulvinar sapien et.
lorem dolor. Vel fringilla est ullam

eusmod lacinia al quis risus sed vulputate odio. i
eiusmod lacinia at quis. Ut tellus element
icies lacus sed turpis tincidunt id alig
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Cursus sit amet dict
llamcorper sit a
semper feugiat n
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la fames
th manu

Junior Homemakers

**OCTOBER 4TH
3:30-5PM**

HARRISON COUNTY EXTENSION OFFICE

This group is for youth 6th-12th grade.
Meetings are 1st Fridays most months
after school from 3:30-5pm. Service
projects, educational topics, and fun, will
comprise the meetings.

**Call 859-234-5510 to sign up and be
added to the text notifications.



Harrison County Homemakers presents:
HOLIDAY FOODS
Kentucky style



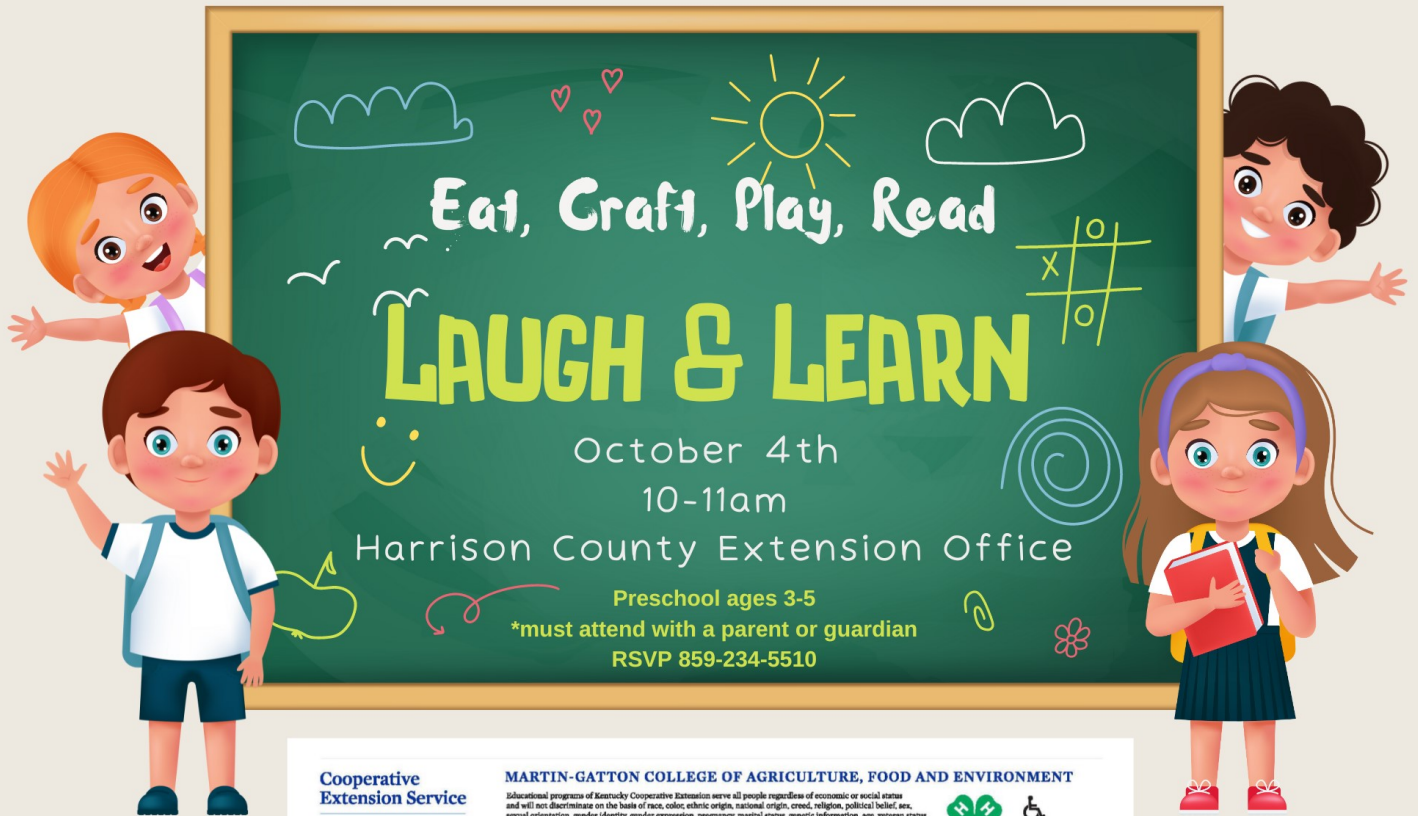
Tuesday, October 29 @5pm

Harrison Co Extension Office

Cost: \$15 (rsvp with payment by Oct 18 at the Extension Office)



FIRST FRIDAYS



Cooperative Extension Service

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Family and Consumer Sciences
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Community and Economic Development

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Lexington, KY 40506



Disabilities
accommodated
with prior notification.

HANDLING Grief

THROUGH THE
HOLIDAYS

November 15 @ 11am
or
November 18 @ 5:30pm

Location: Harrison County Extension Office

Mary McKenzie with Bluegrass Care Navigators
Judy Clevinger; author & Book Signing

rsvp: 859-234-5510

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1949 RED COOKBOOK COOKIN', HOLIDAY CENTERPIECE, BEESWAX CANDLE MAKING



HOLIDAY CRAFTS

Let's Celebrate 75 years





November, 4th

9am
1pm
6pm

Harrison County Extension Office
Cost: \$10
RSVP w/ payment by Friday, November 1st
space is limited

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This large basket is 15"x9"x12" tall; 18" with handle.

JULIE'S BASKET

with Mary Techau and Cheryl Case

October 10, 2024
 9am-4pm

Harrison County Extension Office
 Cost: \$30
 (must pay to sign up)
 space is limited



Supplies to bring: dishpan, sharp scissors, small flat screwdriver, old towel, spray bottle, 18 strong clip clothes pins or metal clips, zip ties.

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MEN'S HOMEMAKER

October 22nd @6pm

Budget Meeting
Meal provided
Harrison County Extension Office
rsvp 859-234-5510

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NEP HAPPENINGS

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WITH STACEY STEPHENS



HOPE'S HELPING HANDS BREAKFAST

9:30AM; 120 S WALNUT ST

RECIPE: POTATO HASH

HOPE'S HELPING HAND ONE POT MEALS

10AM; 120 S WALNUT ST

RECIPE: PAN BEANS & CORNBREAD



COOKING THRU THE CALENDAR

5PM; PUBLIC LIBRARY; RSVP 859-234-4881

RECIPE: RAMEN SKILLET DINNER

HEALTHY CHOICES

10:30AM; EBENEZER UNITED METHODIST CHURCH

RECIPE: WHOLE GRAIN PANCAKES



CRAFTS & COOKING

11:30AM; PUBLIC LIBRARY; RSVP 859-234-4881

RECIPE: EASY CHICKEN & VEGGIE STIR-FRY

THE BREAKFAST CLUB FOR THOSE IN RECOVERY

10AM; HARRISON CO EXTENSION OFFICE; RSVP 859-234-5510

RECIPE: BREAKFAST REFRESHMENTS



Name of Participant: _____ Phone #: _____

SKELETON TRACKS

OCTOBER WALKING CHALLENGE

Complete a Skeleton Track walk for a chance to win a Cynthiana Tourism Skeleton!

Keep track of completed hikes on this form. Turn the form in to the Harrison County Extension Office by Friday, November 1st to be eligible for prizes. If completing the walks on your own, be sure to take a picture at each location as proof of walking.

Hike <i>(Morning Trail Guide: Jackie Burrell Evening Trail Guide: Marlene Herrington)</i>	Scheduled Date <i>Morning hikes scheduled Tuesdays @9am Evening hikes scheduled Tuesdays @ 6:30pm</i>	Place a checkmark if completed hike with a group or on your own.
Cynthiana Walk Around the Block	October 1 @ 9am or 6:30pm	
HCHS Complex	October 8 @ 9am or 6:30pm	
Leisure Downtown Walk	October 15 @ 9am or 6:30pm	
Battle Grove Cemetery	October 22 @ 9am or 6:30 pm	
Ghoul's Galore Pike Hike	October 29 @ 9am or 6:30pm	



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Disability accommodations recommended with prior notification.

Skeleton Tracks; October Urban Hikes

Join the challenge and complete all hikes throughout the month of October for a chance to win a skeleton! One lucky winner from each hike will receive a Cynthiana Tourism skeleton to add to the family. See the schedule below for times and dates to walk with a group. Please call the Harrison County Extension Office to sign up for scheduled hikes and to receive notifications; 859-234-5510. Prefer to hike alone? No problem! Just take a picture of yourself on the hike as proof to show an Extension employee when you turn in your Skeleton Track submission. All Skeleton Track forms must be turned in to the Harrison County Extension Office by 4:30pm Friday, November 1st. Drawings will take place and winners notified on Monday, November 4th. We will be awarding a Cynthiana skeleton display with a Skeleton Tracks Walkers Choice award so be sure to cast your vote on the front of this form.

1) Cynthiana Walk Around the Block

Route: Walk to Bridge St. Continue east on Bridge to Miller St. Continue north on Miller to Oddville Ave. Continue west on Oddville to Walnut St. Continue south on Walnut to Pike St. Go Pike street to Main Street, Left on Main Street, and finish at Main Fitness Parking Lot (~ 1.4 miles)

Starting point: Main Fitness Parking lot

Scheduled Morning Hike: Tuesday, October 1st @ 9am

Scheduled Evening Hike: Tuesday, October 1st @ 6:30pm

Skeleton Name: Skully Osis

2) HC High School Complex

Route: Starting at Ingles Stadium and walk entire area encircling the three schools from Southside Elementary to HCMS, the new athletic complex and Fieldhouse, past the baseball fields/tennis courts to the HCHS parking lot and cross road to continue sidewalk to Maysville Community College and Vocational School and then back to high school to Ingles Stadium. Add 2 laps in Ingles Stadium. (~2 miles).

Starting point: Ingles Stadium (when school is not in session)

Scheduled Morning Hike: Tuesday, October 8th @ 9am

Scheduled Evening Hike: Tuesday, October 8th @ 6:30pm

Skeleton Name: Cal C. Em

3) Leisure Downtown Walk

Route: From Main Fitness parking lot, go south on Walnut St to Bridge St. West on Bridge St to Main Street. North on Main St to Pike St. Continue Pike St. to Miller St. Continue north on Miller St. to Pleasant St. Continue east on Pleasant St. to Elmarch Ave. Continue north on Elmarch to Wilson Ave. Continue west on Wilson Ave to Church St. Continue south on Church to Pleasant St. Continue west on Pleasant St. to Poplar St. Continue south on Poplar. Walk Back to Main Fitness (~2 miles)

Starting point: Main Fitness Parking lot

Scheduled Morning Hike: Tuesday, October 15th @ 9am

Scheduled Evening Hike: Tuesday, October 15th @ 6:30pm

Skeleton Name: Rick R. Mortus

4) Battle Grove Cemetery

Route: twice around the outermost loop through the cemetery (~ 3.2 miles)

Starting point(s): Cemetery entrance; operating hours 7 days a week; HMH lower parking lot weekends & holidays

Scheduled Morning Hike: Tuesday, October 22nd @ 9am

Scheduled Evening Hike: Tuesday, October 22nd @ 6:30pm

Skeleton Name: Cass Kitt

5) Dreadful Uphill Pike Hike

Route: Take Walnut to Pike Street. Proceed east on Pike St to the cemetery then return. Finish at Main Fitness Parking Lot. (~ 2.3 miles)

Starting point: Main Fitness Parking lot

Scheduled Morning Hike: Tuesday, October 29th @ 9am

Scheduled Evening Hike: Monday, October 29th @ 6:30pm

Skeleton Name: Racko Bones

KENTUCKY SAVES

2025
PIGGY BANK
DESIGN CONTEST

MONEY SAVED IS A FUTURE EARNED



WHAT: The 2025 Piggy Bank Design Contest is a creative way for youth to learn the importance of saving money and reducing debt.

WHY: To creatively celebrate Kentucky Saves Week.

WHO: School students attending public, private, or home school located within the Commonwealth of Kentucky enrolled in kindergarten through twelfth grade.

WHEN: The contest begins on: **DATE October 1, 2024**
and ends on: **DATE October 31, 2024**

HOW: Participants submit an original piggy bank and entry form.

RECOGNITION: Winners will have their names, grades, counties, and winning piggy banks displayed in the Capitol Rotunda in Frankfort, Kentucky during March and April 2025. Winners also will receive a certificate.

Kentucky Saves Week:
April 7-11, 2025

Kentucky Saves:
www.kentucky/saves.org

MoneyWi\$e:
fcs-hes.ca.uky.edu/moneywise

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Cooperative Extension Office
668 New Lair Road
Cynthiana, KY
41031
(859) 234-5510

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KENTUCKY SAVES

2025
PIGGY BANK
DESIGN CONTEST

MONEY SAVED IS A FUTURE EARNED



MONEYWi\$E
VALUING PEOPLE. VALUING MONEY.

UK Cooperative
Extension Service

2025 Piggy Bank Design Contest Official Rules

ADMINISTRATOR: University of Kentucky, Family and Consumer Sciences Extension, c/o Kelly May, 112 Erikson Hall, Lexington, KY 40506. Email: kmay@uky.edu

CONTEST DESCRIPTION: Kentucky youth are asked to celebrate Kentucky Saves Week by using their creativity to make a piggy bank.

ELIGIBILITY: Contest is open only to school students attending public, private, or home school located within the Commonwealth of Kentucky enrolled in kindergarten through twelfth grade.

HOW TO ENTER: To enter the Contest, eligible youth ("Entrants") must:

1. Create an original piggy bank design as described under Contest Timing and Entry Requirements.
2. Submit Entry and Official Entry Form to Your Local County Cooperative Extension Office. Your County Extension Office Contact Information may be obtained at <http://kextension.ca.uky.edu/county>. Entries must be delivered to the Cooperative Extension Office by: **DATE October 31, 2024**
3. Winning Entries at the area level must be selected by February 7, 2025.

CONTEST TIMING:

Submit Entry by deadline. Must be submitted by: **DATE October 31, 2024** to your local county extension office. Each Entry must be accompanied by an official Entry Form.

One (1) Entry per person during the Contest period. In the event more than one (1) Entry is received from any one person, the first Entry processed will be considered the only valid Entry and subsequent Entries from the same person will be disqualified.

ENTRY REQUIREMENTS: Entries must meet the following requirements to be eligible for judging:

- a. The bank cannot exceed 12 inches X 12 inches X 12 inches (1 square foot).
- b. Piggy banks must be able to hold coins (i.e., include a slot that has been cut to insert coins).
- c. Piggy banks must be created or decorated by the youth contestant.
- d. Plastic or ceramic banks piggy banks may be used, but must be personally decorated.

- e. Piggy banks DO NOT have to be in the shape of a pig.
- f. You MAY use or repurpose other containers.

g. Piggy banks must be submitted and judged through the local Cooperative Extension Office.

In addition, an Entry shall be void if it contains any material that sponsors or judges in their sole discretion deem patently offensive or inappropriate, such as, but not limited to, profanity. By submitting an Entry, the parent/legal guardian of the Entrant represents and warrants that the entire Entry is the original work of the Entrant, not previously submitted or distributed elsewhere for any other purpose. The parent/legal guardian of the Entrant further warrants that he/she has obtained the consent of any persons/parties portrayed in the Entry. Sponsors shall have the right to use/showcase the Entry in any manner, in any and all media, worldwide in perpetuity without further compensation or consent. Upon request of Sponsors, the parent/legal guardian of Entrant will provide a copy of any written consent as required above.

JUDGING CRITERIA/WINNER SELECTION

AND VERIFICATION: Entries will be judged within Extension Areas by a panel of judges coordinated by the Area Piggy Bank delegate. Each panel of judges will select one (1) winning Entry for a possible total of 12 winners statewide — 4 per Extension Region. The judges will review all Entries and select the winners based on the following criteria: originality, creativity, artistic design, and attractiveness. Judging will be completed by: **DATE November 8, 2024**

The winner's name, grade, county, and winning Entry may be displayed at the State Capitol in Frankfort.

Any Entry, or portion of any Entry, which in the sole discretion of the Judges (a) defames or infringes the right of privacy or publicity or other proprietary right of any person, living or deceased, or entity; and/or (b) is offensive, profane, obscene or not in keeping with the image of the Sponsors will be disqualified.



2025 Piggy Bank Design Contest Entry Form

Directions: Please complete entry form and submit with piggy bank entry. See Official Contest Rules for complete entry instructions.

Participant's Name: _____

County: _____

Grade: _____

Piggy Bank Name/Description: _____

Gender: _____

School: _____

Print Parent/Legal Guardian Name: _____

Date: _____

Home Address: _____

City: _____

County: _____

Zip: _____

Email: _____

Parent Phone: _____

To be filled out by the Extension Agent accepting the entry:

County: _____ **Extension Area:** _____

Agent Name: _____ **Circle One:** FCS 4-H Other

Harvest Hustle FCS 5K Walk/Run

SATURDAY, Nov 2, 2024 @10am



Age Divisions

****Circle your letter****

Age	♀	♂	Age	♀	♂
< 7	A	B	35-44	M	N
8-10	C	D	45-54	O	P
11-13	E	F	55-59	Q	R
14-17	G	H	60-64	S	T
18-25	I	J	65-69	U	V
26-34	K	L	70-74	W	X
			75+	Y	Z

Entry Fee — individual:

Early-Bird (Before Oct 4): \$15.00
 From Oct 4 up to Race Day: \$20.00

Entry Fee — team of 5 or more:

Early-Bird (Before Oct 4): \$10.00/person
 From Oct 4 up to Race Day: \$15/person

Age : _____ Gender: _____ Team Name: _____

Name: _____ Phone: _____

Email: _____ Photo Release: Yes No

Address: _____ City: _____ Zip: _____

T-Shirt Size (Circle One): YS YM YL YXL AS AM AL XL XXL (actual t-shirt design may vary)

I do hereby release Harrison County Family & Consumer Sciences, the University of Kentucky, and its members, trustees, officers, employees, independent contractors, volunteers and extension staff from any and all liability, damages, cost and expenses arising out of or relating to bodily or psychological injury, loss of life, or personal property damage that may occur as a result of participating in the 5K run. Runners must be careful to register and run under their proper name, sex and age division to avoid disqualification. I also release publication rights to photographs of me shot during the 5K run for purposes of publicity for this and future Harrison County Cooperative Extension events. I also understand, the use of headphones is discouraged.

Participant Signature: _____ Date: _____

Under 18: Parent Signature: _____ Date: _____

Awards

- 1st, 2nd, 3rd overall female and male
- 1st, 2nd, 3rd place in each age division
- Youngest & Oldest Participant
- Largest Team (min of 5 per team)
- Refreshments

Pre-registered racers will receive a race t-shirt. Race day registrants will receive a t-shirt while supplies last.

***For questions, call 859-234-5510**



For Office Use Only:

Date: _____

Paid in full: Yes

Check #: _____

Amount: _____

Shirt design may vary

CUT ALONG LINE TO KEEP IMPORTANT INFO BELOW.

Things to Remember: Sat, Nov 2, 2024

Check-In: 9:00 AM Race Time: 10:00 AM

Location: Flat Run Veterans Park
 364 Oddville Avenue
 Cynthiana, KY 41031

*Register at Lions Club Pavilion
 by playground

Parking: Use playground parking lot

Course: Pavement, with flat terrain
 and some hills

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 LEXINGTON, KY 40546



Registration & Payment to:

Harrison County District Board
 Attn: 5K
 668 New Lair Rd
 Cynthiana, KY 41031

****Please have exact cash or check****

Checks Payable to:

Harrison County District Board



Disabilities
 accommodated
 with prior notification.

Homemaker News

President's Corner:

“Hello Homemakers,

Thank you to all that attended the officer and chairman training in August. I do apologize for two county chairmen being unable, to attend. If you have any questions about your folders, please call your county chairman. Their name and phone number can be found in your year book.

LET'S CELEBRATE KEHA WEEK OCTOBER 13-19. As your clubs meet make plans for a special event such as recruiting a new member, visiting a merchant on your Cynthiana Discount Card, or purchasing the new Homemaker T-Shirt from the Extension Office.

Don't forget The Honey Festival on September 21st and Harvesting The Holidays November 2nd. Cookies, hand pies, brownies, snack mix and fudge will be appreciated. If your are a member at large you can also participate in these events.

Celebrate Homemaker week

- *Catch Homemakers on Coffee Break WCYN 102.5 FM Wed, October 16 at 8am
- *Sign up to help with Recipe for Life on October 18th @ Fairground McCauley Building (time slots include 8:30-11am for Northside/Eastside/St. Edwards and noon-2:30pm for Southside/Westside)
- *Tool box- consider putting together a sewing box to donate towards an international project (ask your homemaker international chairmen or stop by the office)
- *Buy a homemaker t-shirt from the Extension Office (\$18)

Here is a quick read holiday cozy mystery; A Halloween Homicide by Tonya Kappes (a Kentucky Author). **HAPPY HALLOWEEN!**

County President, Harlene Welch

Club Meetings:

Homemaker clubs are meeting monthly. See the calendar page for your club's scheduled time. If you are new and would like to join a club, contact the Extension Office for more details.

Leader Lessons:

Mondays noon-1pm @ Harrison County Extension Office. Lunch provided. Please call the office to rsvp for food count; 859-588-9122

Date	Lesson Topic
Sept 30	Gardening Safely
Oct 21 (date change)	Understanding Medicare and Medicaid
Nov 25	How to get out of a Mealtime Rut
Jan 27	Nutrients; Supplements and Macronutrients
Feb 24	A Bad Deal in Disguise; Types of Scams
March 31	Using your Air Fryer
April 28	Composition in Photography

Cooperative Extension Service

UNDERSTANDING MEDICARE AND MEDICAID

Understanding the in and outs of government health insurance plans can be difficult. With this lesson we hope to help you navigate details and answer answer any questions you may have to help you make the an informed decision regarding the best plan for you.

Date: October 21
Time: Noon
Location: Harrison County Extension Office
****Lunch provided****

Call to register:
859-234-5510

Cooperative Extension Service
 Agriculture and Natural Resources
 Family and Consumer Sciences
 4-H Youth Development
 Community and Economic Development

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Agent Editorials

“Hello FCS Friends!

October is always a special month in the Family & Consumer Sciences world as we celebrate KEHA week October 13-19th. Take some time to celebrate the week with homemaker friends. We are extra excited about our Halloween theme this year at the Extension Office. Enjoy the added fun as we incorporate Facebook posts, newspaper articles, and publications with the additional flare of our theme. Word is you must grace the Extension Office with your presence to behold the splendid display being revealed no later than September 27th. This enchantment will surely delight all who beckon the call.

Shelley W. Meyer

Shelley Meyer
Harrison County Extension Agent
For Family & Consumer Sciences



Crochet Holiday

Necklace

with Jane Butcher

October 14 & 28

(some may finish necklace with 1 class)

9am

Harrison County Extension Office

Cost: \$5

****Bring a size B crochet hook****

rsvp by Oct 4th @ 859-234-5510

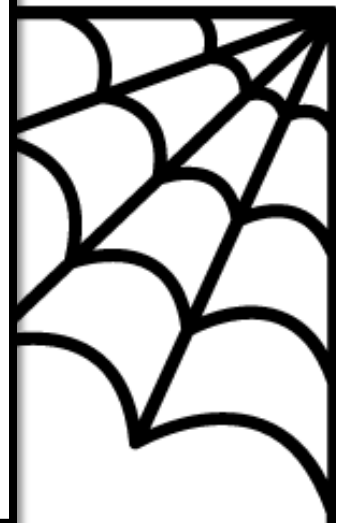


Cooperative Extension Service

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating
Lexington, KY 40506



Community Corner

Spanish Resources



MCTC



LIBRARY



CHAMBER OF COMMERCE



Check out what's happening in our community! Use your smart phone camera to scan the QR codes to be directed to the organization's separate website.

HC EXTENSION



Check out our Facebook page:
Harrison County Family & Consumer Sciences.

**Like us on Facebook to receive notifications on upcoming events, posts, and shares.*



Tune in to WVCN for Extension talk with Mayor James on Coffee Break Extra at 9:10am.

- * Jessica Hopkins with Horticulture: 1st Wednesdays
- * Shannon Farrell and Holly Laytart with 4-H: 2nd Wednesdays
- * Shelley Meyer with FCS & Stacey Stephens with NEP: 4th Thursdays



OCTOBER CALENDAR OF EVENTS

- Oct 1, Skeleton Tracks 9am
- Oct 1, Adult Sewing 10am @ Extension Office
- Oct 1, Skeleton Tracks 6:30pm
- Oct 2, Falmouth Road Homemaker 11am
- Oct 3, Indian Creek Homemaker 10:30am
- Oct 3, Knitting 4:30pm @ Extension Office
- Oct 4, Laugh & Learn 10am @ Extension Office
- Oct 4, Junior Homemakers 3:30pm @ Ext Office
- Oct 7, Embroidery 9am @ Extension Office
- Oct 8, Skeleton Tracks 9am
- Oct 8, Adult Sewing 10am @ Extension Office
- Oct 8, Skeleton Tracks 6:30pm
- Oct 10, Julie's Basket 9am @ Extension Office
- Oct 10, Sunrise Homemaker 10am
- Oct 10, Curry Homemaker 10am
- Oct 11, Bluegrass Area Homemaker Meeting
- Oct 13-19 KEHA (Homemaker Week)
- Oct 14, Crochet Holiday Necklace 9am @
Extension Office
- Oct 15, Skeleton Tracks 9am
- Oct 15, Leesburg Homemaker 10am @ Ext Office
- Oct 15, Adult Sewing 10am @ Extension Office
- Oct 15, Jacob Homemaker 6pm @ Ext Office
- Oct 15, Barlow Homemaker 6:30pm @ Ext Office
- Oct 15, Skeleton Tracks 6:30pm
- Oct 17 Knitting 4:30pm @ Extension Office
- Oct 18 Recipe for Life @ McCauley Building
- Oct 18, Crafty Scrappers 6pm @ Extension Office
- Oct 21, Embroidery 9am @ Extension Office
- Oct 21, Leader Lesson Noon @ Extension Office
- Oct 22, Skeleton Tracks 9am
- Oct 22, Adult Sewing 10am @ Extension Office
- Oct 22, Men's Homemaker 6pm @ Ext. Office
- Oct 22, Skeleton Tracks 6:30pm
- Oct 23, Quilt Club 10am @ Extension Office
- Oct 24, Scrapbooking 9am @ Extension Office
- Oct 25, Giant Pumpkin Contest & Trunk or Treat
- Oct 28, Crochet Holiday Necklace 9am @
Extension Office
- Oct 28, Leader Lesson noon @ Extension Office
- Oct 29, Skeleton Tracks 9am
- Oct 29, Adult Sewing 10am @ Extension Office
- Oct 29, Holiday Foods 5pm @ Extension Office
- Oct 29, Skeleton Tracks 6:30pm
- Nov 2, Harvest Hustle 5K 10am @ Flat Run
Veterans Park (If you would like to be a
part or the Homemaker team, please
call the office to sign up!)



Date: _____

Enrollment Form for

_____ County Extension Homemakers Association

Name _____

Address _____

Email _____

Name of Club _____

Phone: Home (____) _____ Work (____) _____

Cell (____) _____ Fax (____) _____

Birth year (*Optional*): _____

Race (*Optional – circle one*): White Black or African American
 Asian/Pacific Islander American Indian Hawaiian Other

Ethnicity (*Optional - circle one*): Hispanic Non-Hispanic

Gender (*Optional - circle one*): Female Male

Date joined: _____

I, (print full name) _____, being eighteen (18) years of age or over, hereby grant permission to the University of Kentucky, including its affiliates and subsidiaries, and Kentucky Extension Homemakers Association, Inc., to interview, photograph, and/or videotape me; and/or to supervise any others who may do the interview, photography, and/or videotaping; and/or to use and/or permit others to use information from the aforementioned interview and/or the aforementioned images in educational and promotional activities and publications without compensation.

Signature: _____ Date: _____

Witness: _____ Date: _____

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Appendix 11
June 2022