

FCS Newsletter

April 2025

Harrison County Family & Consumer Sciences



Cooperative Extension Service
 Harrison County
 668 New Lair Road
 Cynthiana KY 41031
 (859) 234-5510
 Fax: (859) 234-6197
 extension.ca.uky.edu

Interested in becoming a Harrison County Homemaker?

Stop by the Harrison County Extension Office to pay your \$10 dues and receive a Shop Cynthiana Discount Card.



Sweet Boutique	15% off purchase	Coffee Shop	15% off purchases
The Next Chapter	10% off purchase	Flower Depot	10% off purchases excluding fresh flowers
Uniques	10% off retail price (excludes HF & HSP)	A Little Bit Personal	10% off purchases (excludes sale items)
Riverside Rays	10% off purchases	Molly B's	20% off \$20 or more
Melinda's Boutique	15% off purchases online code HOMEMB	Tay's Cloth Peddler	10% off purchases (excludes sale items)
Emerson Steel Boutique	15% off purchases	Frames N' Christian Things	20% off entire purchase
Cynpyll Cynfull Nutrition	\$1 off XLG bubble tea only	Printed Vinyl for you	10% off entire purchase (Excludes epoxy)
Cheese Store	10% off noon-5pm 5-day scoop only paid homemaker	Kelliones	10% off pizza purchases (cannot combine with another offer)
Main Cup	10% off \$10 or more	Frosted Blessings	10% off in store items only

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Shelley Meyer

Shelley W. Meyer

Harrison County Extension Agent
 For Family & Consumer Sciences
 shelley.meyer@uky.edu

The Headlines

JOIN US FOR THE 4TH ANNUAL

Tea Party

MAY 12, 2025
5:00PM

ASHFORD ACRES
1801 KY-36, CYNTHIANA, KY 41031

SPECIAL TREATS
FROSTED BLESSINGS &
GRACEFUL GLIMMER

RSVP BY FRIDAY, MAY 2, 2025
WITH \$20 PAYMENT TO THE
HARRISON CO EXTENSION OFFICE
668 NEW LAIR RD | 859-234-5510

Cooperative Extension Service

Agriculture and Natural Resources
 Family and Consumer Sciences
 4-H Youth Development
 Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities accommodated with prior notification.

Tile Craft Class

WITH JENNY TAPP

April 23

6pm

Harrison County Extension Office

**Dress to work with glue and paint*

\$5

**Stop by the Extension Office with
payment by Friday, April 11**



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Harrison County Homemakers present:

Castle in Versailles, Eat & Tour

May 13

9:30am-4pm

Cost: \$70

make checks payable to HC Homemakers

Depart from: Harrison County Extension Office
668 New Lair Road Cynthiana, KY 41031

Rsvp at 859-234-5510 by Friday, May 2nd with payment.
Let us know if you are willing to drive or prefer to carpool.



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HARRISON COUNTY HOMEMAKER PRESENTS:

ANNUAL HOMEMAKER MEETING



LOCATION:
HARRISON COUNTY
EXTENSION OFFICE

Theme:
Hidden
Treasures

-  Catered Supper
-  Annual Meeting
-  Guest Speaker

Cost: \$20

Make payable to Harrison County Homemakers
Stop by Extension office to rsvp with
payment by Friday, May 9th
2024-2025 Book count and Volunteer Hours
must be reported to the Extension Office by
Friday, May 9th to be included in the program.

MAY
16
5:30PM

FREE EVENT!

SCRAPBOOK/ CRAFT DAY

APRIL 25, 2025 6PM TO 10PM
APRIL 26, 2025 9AM TO 9PM
HARRISON COUNTY EXTENSION OFFICE

BRING YOUR OWN PROJECTS TO WORK ON
PLENTY OF WORK SPACE AND FUN!

STARTER SCRAPBOOK MATERIALS
AVAILABLE

MEALS ON YOUR OWN

Martin-Gatton
College of Agriculture,
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**SAVE
THE
DATE**

Coffee Crawl

Coming back for
its 3rd year!

**MAY WALKING
CHALLENGE**

- *Urban Hikes in downtown Cynthiana (scheduled walks for Tuesdays @ 9am & 5:30pm OR complete on your own)
- *Replenish at local coffee shops

PARTICIPANT FORM WILL BE INCLUDED IN MAY NEWSLETTER

HARRISON COUNTY HOMEMAKERS

Save the Date!

OCTOBER 8-10

TRAINS & TUNES, WV

MORE DETAILS AND REGISTRATION INFORMATION IN THE MAY/JUNE NEWSLETTER

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Adult Sewing

w/ Mikayla
Hannah

April 8 & 22
@ 10am

*2nd and 4th Tuesdays of the month
Harrison County Extension Office
New members welcome!

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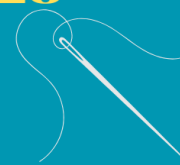


Embroidery

w/ Jane Butcher

April 7, 14, 21, & 28

Every Monday
Harrison County Extension Office
@ 9:00am
New members welcome!



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Adult Knitting

w/ Louann Fryman

April 3 & 17

*1st and 3rd Thursdays of the month
Harrison County Extension Office
@ 4:30pm
New members welcome!

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Crafty Scrappers

w/ Jenny Tapp

April 25

*date change from the usual 3rd Fridays of the month
Harrison County Extension Office
@ 6:00pm
New members welcome!



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Piece Maker Quilt Club

April 23

*4th Wednesdays of the month
Harrison County Extension Office
@ 10:00am
New members welcome!



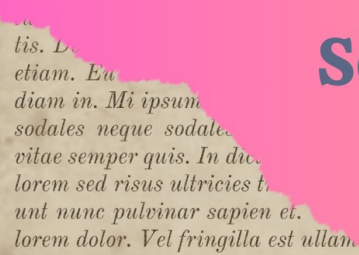
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Adult Scrapbooking

w/ Jennie Sparks & Teresa Stinson

April 24

*typically 4th Thursday of the month
Harrison County Extension Office
@ 9:00am
New members welcome!



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Junior Homemakers

APRIL 4TH, 3:30-5PM
HARRISON COUNTY EXTENSION OFFICE



This group is for youth 6th-12th grade. Meetings are 1st Fridays most months after school from 3:30-5pm. Service projects, educational topics, and fun, will comprise the meetings.

****Call 859-234-5510 to sign up and be added to the text notifications.**

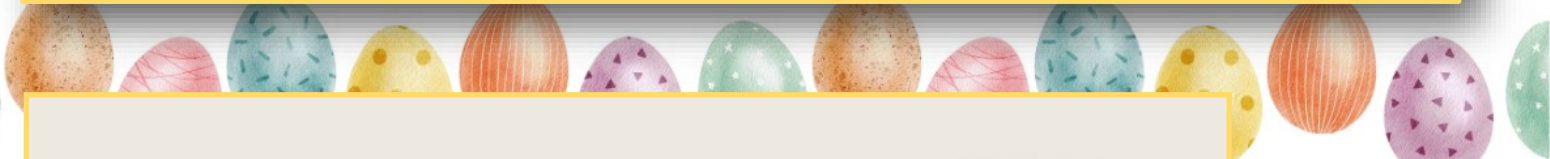


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Disability accommodations with prior notification.



FIRST FRIDAYS

Eat, Craft, Play, Read
LAUGH & LEARN
 April 4th 10-11am
 Harrison County Extension Office



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Nutrition Education Programs

w/ Stacey Stephens

Cooking Through the Calendar: April 15, 2025 @ 5pm
Harrison County Public Library
Recipe: Lemon Broccoli Pasta
rsvp: (859)234-4881

Cooking with Crafts: April 17, 2025 @ 11am
Harrison County Public Library
rsvp: (859)234-4881

Breakfast Club Recovery: April 19, 2025 @ 10am
Harrison County Extension Office
Learn about building credit scores
rsvp: (859)234-5510

Cooking Through the Calendar: May 20, 2025 @ 5pm
Harrison County Public Library
Recipe: Banana Pancakes
rsvp: (859)234-4881

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accommodated
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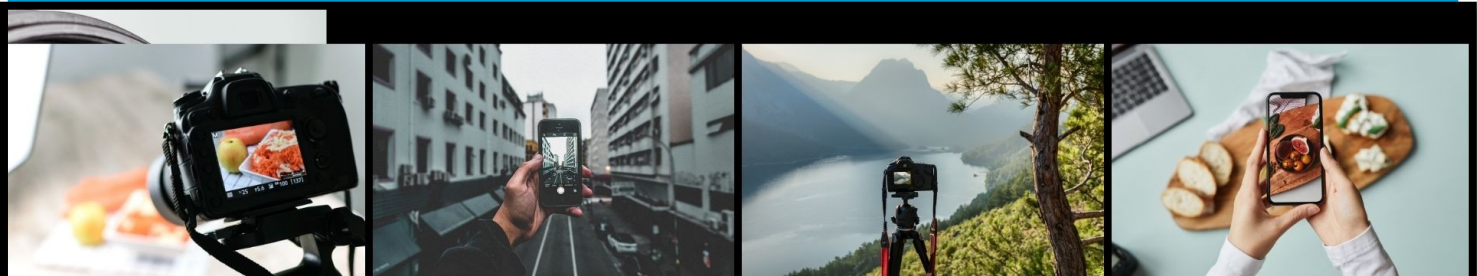
President's Corner:

"Hello **SPRING**,

Homemakers, you stepped up for great Nursing Home Tea Parties. Did you know, you were helping with mental stimulation for the residents? Mental health workshops are on the agenda at the KEHA state meeting. Also, mental health is the focus of the NVON project in common through gardening. There were some mental health lessons on your lesson ballot in your March newsletter. I hope you made one your choice.

We collected 9 cans of corn in March for the food pantry. Let's double that with cans of peas in April. Have a "Happy Easter."

-Harlene Welch, County President



COMPOSITION IN PHOTOGRAPHY

Learn the basic photography skills with light camera settings, elements and principles of art, photography vocabulary, and explore concepts for taking a visually pleasing photograph.

Date: April 28, 2025

Time: Noon-1pm

Location: Harrison County Extension Office

Lunch provided

rsvp 859-234-5510 for lunch count

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Food Drive

Please have donations to the office by 4:30 pm on the 3rd Tuesday of each month

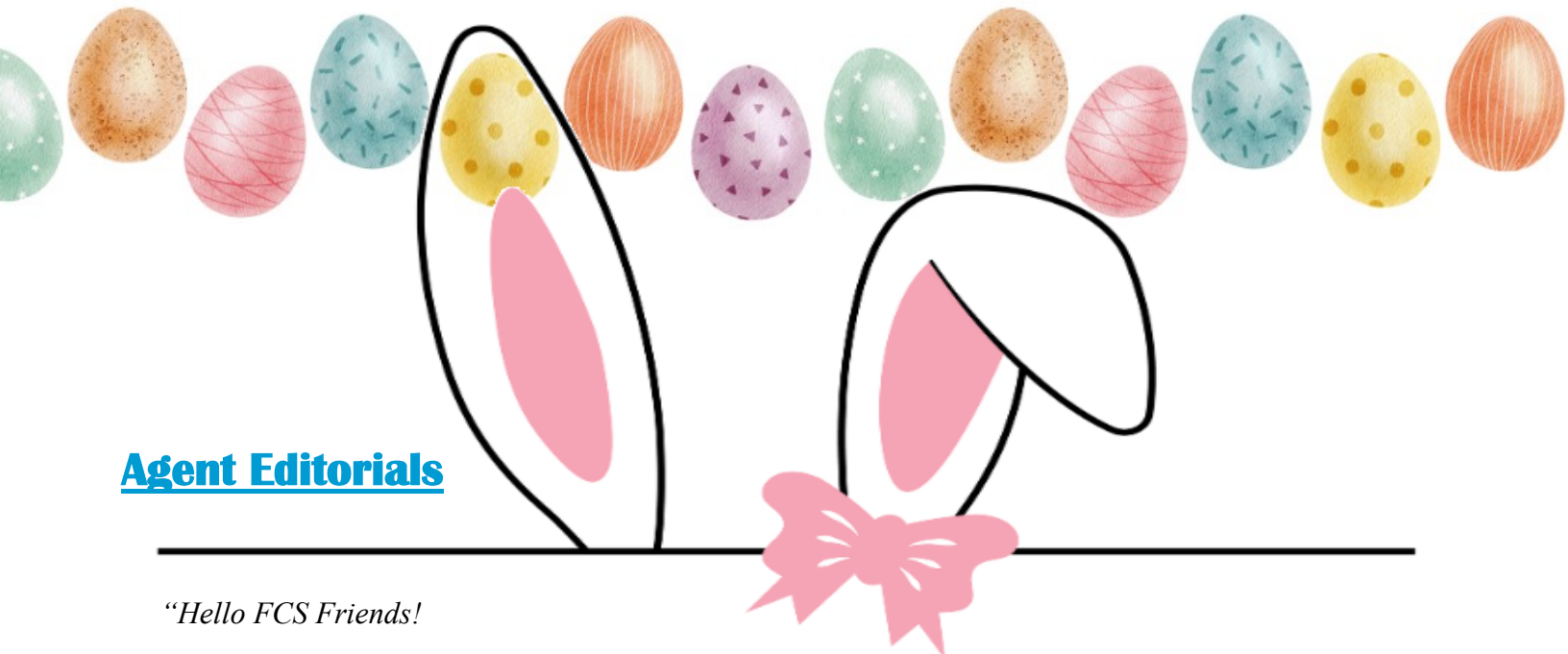


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Monthly Food Items Requested by the Food Pantry with Salem Church of Christ

Harrison County Homemakers will have a donation box available at the Extension Office. Please have donations to the office by 4:30pm on the 3rd Tuesday of each month.

Month	Food Item
April	Canned Peas
May	Cereal
June	Green Beans
July	Jelly
August	Peanut Butter
September	Spaghetti Sauce
October	Spaghetti
November	Mac & Cheese
December	Ramen Noodles



Agent Editorials

"Hello FCS Friends!

Spring is finally here! We have had a extra fun and snowy winter but now its time to shift gears from snow shovels to sunglasses. I encourage everyone to find ways to get involved in the community through attending programs, volunteering, and enjoying community events. Sunshine, warmth, and socialization have positive effects on mental health and community involvement caters to those benefits. Happy Easter!"



Shelley W. Meyer

Shelley Meyer
Harrison County Extension Agent
For Family & Consumer Sciences

Community Corner

<p>Spanish Resources</p> 	<p>MCTC</p> 	<p>LIBRARY</p> 	
<p>CHAMBER OF COMMERCE</p> 	<p>Check out what's happening in our community! Use your smart phone camera to scan the QR codes to be directed to the organization's separate website.</p>	<p>HC EXTENSION</p> 	


Check out our Facebook page:
Harrison County Family & Consumer Sciences.

**Like us on Facebook to receive notifications on upcoming events, posts, and shares.*



Tune in to WYCN for Extension talk with Mayor James on Coffee Break Extra at 9:10am.

- * **Jessica Hopkins with Horticulture: 1st Wednesdays**
- * **Shannon Farrell and Holly Laytart with 4-H: 2nd Wednesdays**
- * **Shelley Meyer with FCS & Stacey Stephens with NEP: 4th Thursdays**



APRIL CALENDAR OF EVENTS

- April 1, Microprocessing 9-2 @ Extension Office
- April 2, Falmouth Road Homemaker 11am
- April 3, Indian Creek Homemaker 10:30am
- April 3, Knitting 4:30pm @ Extension Office
- April 4, Laugh & Learn 10am @ Extension Office
- April 4, Junior Homemaker, 3:30pm @ Extension Office
- April 7, Embroidery 9am @ Extension Office
- April 8, Sewing 10am @ Extension Office
- April 10, Sunrise Club 10am @ Extension Office
- April 10, Curry Club 10am @ Extension Office
- April 14, Embroidery 9am @ Extension Office
- April 15, Jacob Homemaker 6pm @ Extension Office
- April 15, Barlow Homemaker 6:30pm @ Extension Office
- April 16, Leesburg Homemaker 10am @ Extension Office
- April 17, Knitting 4:30pm @ Extension Office
- April 21, Embroidery 9am @ Extension Office
- April 22, Sewing 10am @ Extension Office
- April 23, Quilt Club 10am @ Extension Office
- April 23, Tile Craft 6pm @ Extension Office
- April 24, Scrapbooking 9am @ Extension Office
- April 25, Crafty Scrappers 6pm @ Extension Office
- April 26, All Day Scrapbooking @ Extension Office
- April 28, Embroidery 9am @ Extension Office
- April 28, Leader Lesson Noon @ Extension Office



DATES TO REMEMBER

- May 6-8 KEHA, Lexington KY
- July 12-19 & 26, County Fair
- July 22, Bluegrass Area Homemaker Officer Training @ Fayette Extension Office (AM)
- Oct 8-10, Homemaker trip to Savannah GA